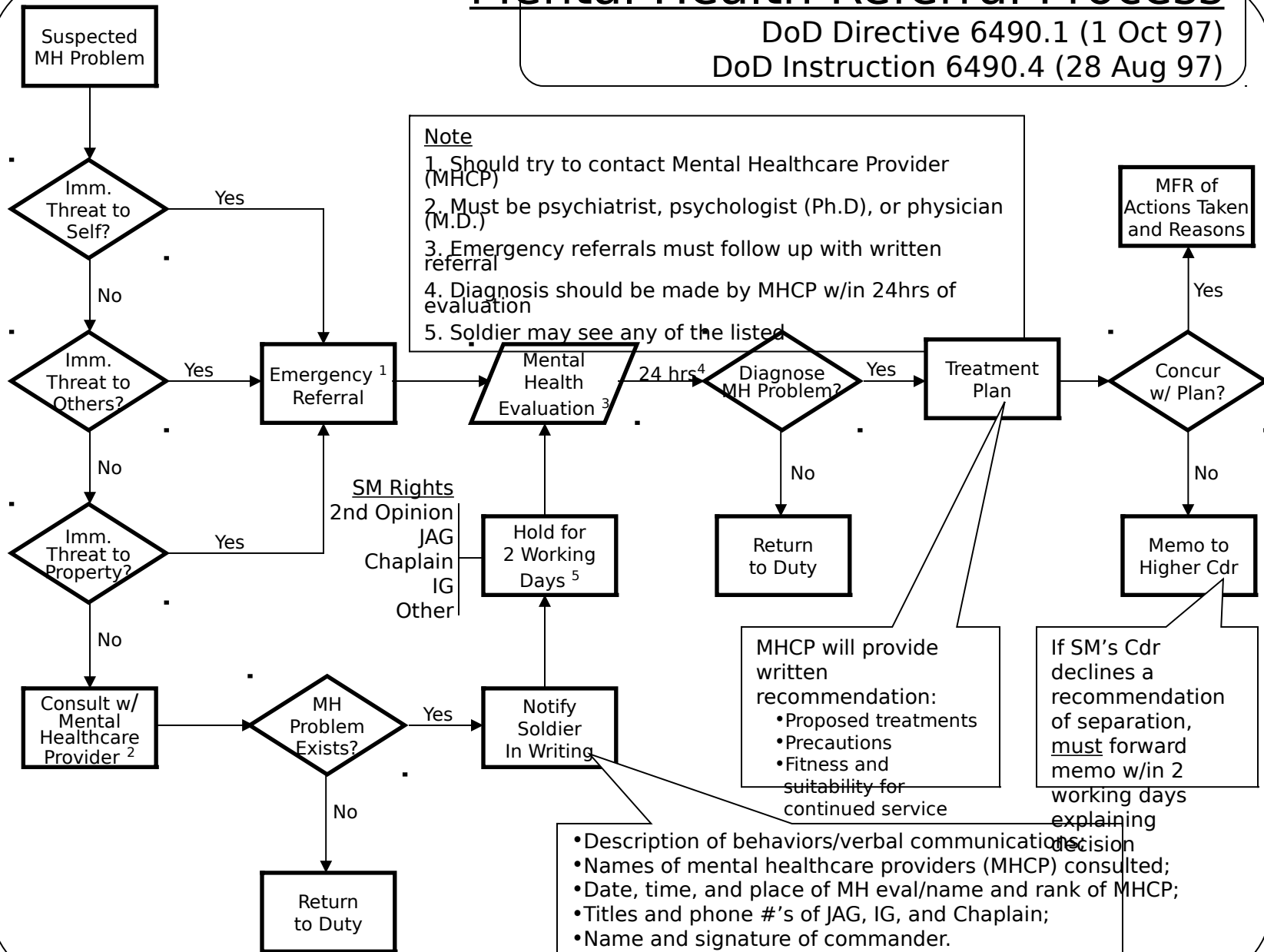


Mental Health Referral Process

DoD Directive 6490.1 (1 Oct 97)

DoD Instruction 6490.4 (28 Aug 97)



Encl. 4, DoD Dir 6490.1 (1Oct 97)

As of: Sep-
20

Mental Health Referral Summary

- Leaders get in trouble for not following the mandated process (USAREUR REG 40-6):
 - ✓ Counsel the soldier on their rights
 - ✓ Allow soldier to exercise their rights
 - ✓ Provide written notification of referral
 - ✓ Provide an escort!
 - ✓ Document the process
- **Always complete AR Form 40-6-R**
- Emergency referral must be reviewed by disinterested officer within 72 hours process
- Never refer a soldier as a reprisal
- Never deny any soldier their right to communicate with an IG, SJA, Member of Congress, etc, about their mental health referral